



# Meeting Notes

The EPA/UNEPSA and EURYPAs members met for future plannings, especially preparations for the Dublin, 2019.

## A Beautiful Weather, An Excellent Ambience

- ✦ The meeting was arranged at the 54th Congress of Turkish Pediatric Association (TPA).
- ✦ TPA was sponsored for this meeting.
- ✦ Turkish Young Pediatricians welcomed young colleagues from EURYPAs

What could have been expected with a perfect combination of these two: Success! At the beginning of this newsletter we would like to say that these meetings were arranged for the target to Dublin 2019. But the results brought some secondary gains also. The 9th Europaediatrics Congress is on the way and the time is getting closer. So we thought that it is time to accelerate the preparations. For this purpose we planned to get together with especially Irish members who have been selected by Prof. Hoey and some friends who have been working intensely for preparations, on May, at the 54th Congress of TPA. We are grateful to the Turkish Pediatric Association for being support to this great meeting and generosity as it always has been.



## EURYPa Meeting



### PROPOSAL FOR EURYPa FULL-DAY SYMPOSIUM (parallel session)

Chairman of EURYPa Session: **Prof. Mehmet Yural** (Turkey)  
**Prof. Hilary Hoxby** (Ireland)

08:30 – 09:00 – EURYPa presentation  
Speaker: Erkan Erfidan (Turkey)

09:00 – 10:30 – Clinical Case Presentations  
Moderators: Erkan Erfidan (Turkey), Manuel Ferreira-Magalhães (Portugal)

6 Clinical Case presentations – one for each country  
(10 minutes presentation + 5 minute discussion)

10:30 – 11:00 – Coffee break

11:00 – 12:30 – Clinical research presentation  
Moderators: Sarah Lewis (Ireland), Ancuța Ignat (Romania)

6 Research presentations – one for each country  
(10 minutes presentation + 5 minute discussion)

12:30 – 14:00 – Lunch / EURYPa Board meeting

14:00 – 15:30 – Clinical guidelines for young paediatricians  
Moderators: Salvatore Aversa (Italy), Sofia Rosenbaum (Denmark)

14:00 – 14:30 -

14:30 – 15:00 -

15:00 – 15:30 -

15:30 – 16:00 – Coffee break

16:00 – 17:30 – Research for young paediatricians  
Moderators: Manuel Ferreira-Magalhães (Portugal), Ancuța Ignat (Romania)

16:00 – 16:30 -

16:30 – 17:00 -

17:00 – 17:30 -

17:30 – 18:00 – Prize for best EURYPa presentation

First of all, we worked so hard for this congress meeting. We planned two different meetings; one of this about EURYPa and the second one is the final meeting with both EPA/UNEPSA and EURYPa. At the first meeting a presentation about the EURYPa was made for new members telling the history, establishment, activities and aims. After this presentation; all participants told about their opinions about especially about the EURYPa session at the 9th Europaediatrics Congress and also the other topics including; social media, newsletters, scientific research, summer school, online courses.

### Signed by all

Consequently, all members wrote their opinions to the final advisory document and signed by all attendees.



8 May 2018 Tuesday

**Attendees to the Meeting** (listed by the alphabetical order)

|  |   |
|--|---|
| Name and Surname: Ancuța Ignat<br>Country: Romania<br>Signature:               | Name and Surname: Nisa Pekcan<br>Country: Turkey<br>Signature:          |
| Name and Surname: Erkan Erfidan<br>Country: Turkey<br>Signature:               | Name and Surname: Nükhet Pehlivanoglu<br>Country: Turkey<br>Signature:  |
| Name and Surname: Manuel Ferreira-Magalhães<br>Country: Portugal<br>Signature: | Name and Surname: Sarah Lewis<br>Country: Ireland<br>Signature:         |
| Name and Surname: Michael Fitzgerald<br>Country: Ireland<br>Signature:         | Name and Surname: Valeriu-Vasile Lupu<br>Country: Romania<br>Signature: |







## The Most Important

The first meeting was held among the EURYPa members and has advisory meaning but unless with the acceptance by EPA/UNEPSA we know that it does not make sense. So with the support of TPA that welcomed two members of the board of directors of EPA/UNEPSA; we could manage to arrange this great meeting.

At the first we told about the meeting that held the day before among EURYPa members and showed the advisory meeting notes to Prof. Mehmet Vural (Secretary general of EPA) and Prof. Massimo Pettoello-Mantovani (Vice president of EPA).

After this long conference we composed final notes to be broached to the EPA/UNEPSA.





## Sample Statue of EURYPa

(First Page)

### Sample Statute (A Voluntary, Non-Profit Making Organisation)

#### Article 1

##### NAME

The name of the Organisation shall be "European Young Paediatricians Association (EURYPa)"

#### Article 2

##### ADDRESS

The official address of the Organisation is:

**EPA-UNEPA headquarter: Allt center, Zimmerstraße 69, D-10117, Berlin, Germany**

#### Article 3

##### MISSION STATEMENT OF THE ORGANISATION

The aim of the EURYPa is to better the health of European children through networking, education, training, research and sharing of opportunities across the European pediatric residents, trainees and young paediatricians.

#### Article 4

##### OBJECTIVES

The Organisation shall have the following objectives:

1. To encourage networking and communication among paediatric residents/trainees and young paediatricians;
2. To facilitate paediatric education in all European countries;
3. To promote online paediatric educational devices/sites/courses/apps/social network
4. To work hand in hand with other specialties and health professionals working with children in order to promote interdisciplinary discussion;
5. To promote symposiums, congresses and courses (summer schools) for all the paediatric residents/trainees and young paediatricians;

## Topics of the Final Notes

### Title 1: Congress Preparations

At the 8th Europaediatrics Congress it was felt that we need interim leadership until a formal leader will be established at the 9th Europaediatrics Congress in Dublin'19 and it was agreed by all members attended that the Turkish and Irish members volunteered to be interim leaders to coordinate and communication to the Dublin'19.

#### Subtitle-1: Team Work

Therefore both Irish and Turkish members are responsible in general terms. Irish members also will make communication and coordination with the Prof. Hoey and Prof. Cushell.

#### Subtitle-2: Website

As soon as possible the online website of the congress should be activated to announcements.

#### Subtitle-3: Choosing the Best

After activating the website we think it is better to choose oral/poster presentations for the EURYPa session via the online abstract admission system of which the details are;

- ▶ On the website of the 9th Europaediatric Congress; there may be a section to send the abstracts for "EURYPa Session"
- ▶ When a participant clicks "Abstract Admission for EURYPa Session", then has to accept terms and conditions which including some of the major criteria according to the "Sample Statue" of EURYPa

#### Subtitle-4: More Representation

Young colleagues will be grateful if there is a chance to make an all-day session for EURYPa. We would like to make suggestions for this session;

- ▶ Half-day may be arranged for the board meeting of EURYPa,
- ▶ Half-day may be for the scientific session,

If it seems possible; more members may have chance to be representatives of their own country.







### Subtitle-5: Funding&Support&Sponsorship

Europe is a big continent and the medical system can vary from one country to another. Otherwise the monthly salaries can also differ from each country. If we think about to make the board meeting of EURYPa, it is one of the biggest problems that stand in front of us which to get more members to attend this congress. There are some possibilities about funding;

- Local communities may support their own representatives,
- Host country (Ireland) may support half of the representatives who will attend to the EURYPa Session (For example; if 10 representatives are approved by scientific committee, Ireland may support 5 of them),
- EPA/UNEPSA may support some of the EURYPa members who will be selected to be a speaker at the EURYPa Session.

### Title 2: Social Media&Networking

In today's technology age, we cannot think not to use social media. Actually, to reach more members, countries; social media is essential. So we think that;

- Online podcasts may be created on the website of EURYPa,
- There may be a live broadcast on Facebook/Instagram at EURYPa Session,
- EPA/UNEPSA can easily reach more than a thousand members. So publishing the activities on the website of EPA, sending e-mails about the EURYPa, giving information and asking for EPA members to encourage their young residents to be a part of the EURYPa will bring us a very big opportunity to create a huge network.

### Title 3: Educational Meetings

One of the main aims of EURYPa is to arrange an educational meeting for young colleagues. For example;

- A summer school meeting for a weekend in a friendly environment,
- Topics may include nutrition to get more sponsorships but if it is approved by EPA/UNEPSA for ethical reasons





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|---|--|---|
| EPA-UNEPSA Reports: 8th Europaediatrics Bucharest, 2017<br>Pag.....23   | Obituary: Prof. Gerhard Geddiske Charité University, Berlin<br>Pag.....26    | The role of retired professors (emeriti) of paediatrics in Europe<br>Pag.....49 |
| From research to practice in the international literature<br>Pag.....58 | Who indicators: assessing pediatric care in European countries<br>Pag.....10 | Open Online course: Nutrition & Lifestyle in pregnancy<br>Pag.....63            |



## Title 4: Be In Contact

Some countries have their own young pediatricians' societies and some of them are very big associations that can reach more than thousand young colleagues like Turkey, Italy. Italian Young Pediatricians' Association (ONSP) and Turkish Young Pediatricians have been working so hard since the EURYPA established. After this meeting it is planned to contact with Roberto Raschetti (President of the Italian Young Pediatricians'-ONSP).

## Title 5: Publications

### Subtitle-1: Newsletters

EPA/UNEPSA publishes newsletters annually in autumn and spring. This newsletters reach more than thousand members and also related pediatric societies.

- ▶ If EURYPA prepares newsletters regularly for EPA/UNEPSA; it will bring an opportunity to reach this big network,
- ▶ These annually newsletters may include past-time activities, future plannings, advertising, a small quiz that may have a small prize for the winner.

### Subtitle-2: Article

In 2016, an article about EURYPA was published in the Journal of Pediatrics with the support of EPA/UNEPSA ([https://www.jpeds.com/article/S0022-3476\(15\)01523-1/pdf](https://www.jpeds.com/article/S0022-3476(15)01523-1/pdf)). For the past two years, EURYPA has done many activities so we believe it is the time for the new article. Some details are;

- ▶ Up to 1600 words,
- ▶ Including 6-8 authors,
- ▶ With the support of EPA/UNEPSA,







MiniQ on working conditions of residents in paediatrics and qualified young paediatricians in Europe



*"Be like a tree. Stay grounded.  
Connect with your roots. Turn  
over a new leaf. Bend before  
you break. Enjoy your unique  
beauty. Keep growing."*

*"Volunteers do not necessarily  
have the time; they just have  
the heart."*

## Title 6: Questionnaire

In 2011; a questionnaire was conducted by Turkish and Italian young colleagues and it was planned to conduct this survey in all Europe but unfortunately unless some interventions there has not been a chance to make this study in other European countries since 2011. Because of there are many problems which may differ from countries for young colleagues we believe a new questionnaire has to be done and conducted in all Europe.

- ▶ With this aim; we just started a questionnaire in Turkey by Turkish Young Pediatricians with the support of the Turkish Pediatric Association,
- ▶ In a short time we conducted this survey with nearly 300 young colleagues and planned to make more than 1000 participants
- ▶ After finishing this survey in Turkey, we want to extend this survey to all Europe,
- ▶ We need to communicate with all EURYP members to extend to all Europe
- ▶ Also we need support of EPA/UNEPSA because there may be some problems such as country-dependent statistical/scientific research procedures.

## In Conclusion

EURYP is moved by the intent to provide a common platform for all young pediatricians in Europe, offering them the necessary tools used to be up-to-date and feel empowered to achieve their personal endeavours. EURYP has also the purpose to promote research in child's rights to health and health care services in Europe. EURYP is conscious of that it is a member of EPA/UNEPSA and also needs their support to achieve its goals. EURYP works in close relation with EPA/UNEPSA.

EURYP has a working discipline based on volunteerism. Therefore members of all time deserve a big thanks.

All members of EURYP are grateful to EPA/UNEPSA for all the support that has given up to now.





*These meetings were held at the 54th Congress of TPA on May, 2018*

*We would like to extend our gratitude to the Turkish Pediatric Association for supporting these meetings*

*Turkish Young Pediatricians organized these meetings with all preparations from A to Z*

#### **Attendees to the Meeting**

##### **EPA/UNEPSA Council**

##### **Secretary General**

Prof. Mehmet Vural

President, Turkish Pediatric Association (TPA)

##### **Vice President**

Massimo Pettoello-Mantovani

Director, Institute of Pediatrics and  
Residency Program

##### **EURYPa Members** (Listed in alphabetical order)

- Ancuata Ignat (Romania)
- Erkan Erfidan (Turkey)
- Manuel Ferreira-Magalhaes
- Michael Fitzgerald (Ireland)
- Nisa Pekcan (Turkey)
- Nükhet Pehlivanoğlu (Turkey)
- Valeriu Vasile Lupu (Romania)
- Sarah Lewis (Ireland)

